**Tiny Tots** is a creative class that begins to teach two-year olds movement, coordination and balance through learning pre-ballet movements. The class is focused on group work, learning to listen and take turns.

DRESS CODE: pink tights, leotard – any color, ballet shoes – girls / pink & boys / black, ballet skirts are acceptable

**Pre-Ballet** offers three to four-year olds the opportunity to begin learning about the basics of dance. Fundamentals, dance positions, and technique are taught while providing a creative and fun atmosphere. **DRESS CODE**: pink tights, leotard – any color, ballet shoes – girls / pink & boys / black

**Ballet** is the fundamentals of all forms of dance. During ballet class technique, balance and flexibility is practiced. The skills used during ballet class should be exercised is all other genres of dance. It is expected of all ballet dancers to come to class prepared wearing a leotard (skirt is optional) with hair pulled back off their face.

DRESS CODE: pink or tan tights, leotard – any color, ballet shoes – girls / pink & boys / black, ballet skirts or shorts are acceptable NO BAGGIE CLOTHES!

**Pre-Pointe** is a class used to strengthen ankles, feet and the core of a dancer in order to allow development for placement in Pointe. Pre-pointe strongly depends on ballet as well as its strong movements and technique. To have placement on pre-pointe it is imperative a dancer have ballet as a prerequisite. Much like ballet, it is expected the dancer wear a leotard (skirt optional) as well as, hair pulled back out of face.

DRESS CODE: pink or tan tights, leotard – any color, ballet shoes – girls / pink & boys / black, ballet skirts or shorts are acceptable NO BAGGIE CLOTHES!

**Pointe** is an advanced ballet done with special shoes allowing a dancer to reach their highest relevé to their tips of their toes. Pointe dancing is extremely dependent on the fundamentals of ballet technique and ballet strength therefore ballet in a prerequisite. Pointe class is by teacher placement only once the dancer appears ready.

DRESS CODE: pink or tan tights, leotard – any color, ballet shoes – girls / pink & boys / black, ballet skirts or shorts are acceptable NO BAGGIE CLOTHES!

**Lyrical** is a merge between ballet and jazz with an emphasis on expression through the lyrics and meaning of the song. Individuality is stressed throughout a lyrical class.

DRESS CODE: pink or tan tights, leotard – any color, lyrical paws, shorts, tank tops or slim fitting t-shirts are acceptable NO BAGGIE CLOTHES!

**Jazz** is done to more upbeat music putting and emphasis on rhythm and syncopation. Jazz developed from African style dance merging with fundamental techniques of movement.

DRESS CODE: pink or tan tights, leotard – any color, jazz shoes – girls / tan & boys / black, shorts are acceptable NO BAGGIE CLOTHES!

**Tap** is a form of dance in which rhythm, timing, rhythm variations and musicality is tapped out with the toe or heel by a dancer wearing shoes with hard soles. Dancers will learn increasingly difficult combinations and types of taps.

DRESS CODE: pink or tan tights, leotard – any color, tap shoes – girls / tan & boys / black, shorts, tank tops or slim fitting t-shirts are acceptable NO BAGGIE CLOTHES!

**Hip Hop** is a rigid form of dance developed on the streets from jazz and break dancing. Hip hop focuses on rhythm, beats, and fast movement. Dancers are welcome to come to class with a more laid-back attire; however, no jeans or stiff closing seeing as much movement and flexibility is needed.

DRESS CODE: ANYTHING you can move in! Sweat pants, shorts, t-shirts, tanks, etc. Tennis shoes \*\*specific shoes will likely need to be ordered for recital\*\*